

INTERACTIONS 1 :

VOCABULARY

LIST OF LESSONS:

صفحه‌ی 2	LESSON 1 : Academic life around the world
صفحه‌ی 4	LESSON 2 : Experiencing nature
صفحه‌ی 11	LESSON 3 : Living to eat, or Eating to live?
صفحه‌ی 13	LESSON 4 : In the community
صفحه‌ی 15	LESSON 5 : Home
صفحه‌ی 18	LESSON 6 : Cultures of the world
صفحه‌ی 21	LESSON 7 : Health
آماده نشده‌است	LESSON 8 : Entertainment and the media
صفحه‌ی 27	LESSON 9 : Social life
صفحه‌ی 30	LESSON 10 : Sports

Lesson 1 : Academic life around the world

word	Part of speech	Definition	meaning
advice	noun	Guidance	پند
attitude	Noun	Disposition , frame of mind	وضع ، حالت قرار گرفتن
Challenge	Noun	Test , provocation	چالش
Cultural background	Noun	Previous culture heritated from last generations	زمینه فرهنگی
feature	Noun	trait , flair	خصیصه
interest	noun	Attention , notice , regard	علاقه
Lifestyle	Noun	The way a person live	سبک زند
major	Noun	Subject that you concentrate	رشته اصلی
privacy	Noun	Isolation , retirement	خلوت ، تنهایی
Rule	Noun	Edict , law	قانون
Security	Noun	Defence , protection , safeguards	امنیت
Stranger	Noun	Newcomer , unknown	غریبه
variety	noun	Difference , change	متنوع ، جورواجور
attend	Verb	Pay attention	توجه و رسیدگی کردن
Get along	verb	If two people get along , they have a friendly relationship	گذران کردن، بسر بردن
Get through	verb	Finish s.th	گذشتن از ، به پایان رساندن
relate	verb	Say s.th for several times	بازگو کردن ، گزارش دادن
survive	Verb	Remain alive	زنده ماندن (در رزم)
Considerate	Adj	Careful , chary	با فکر و ملاحظه
Private	Adj	Individual , personal	شخصی
comfort	Noun	Luxury , ease	راحت

Debt	Noun	Money that a person owes	بدهی داشتن
Excuse	noun	Apologise	بهانه ، عذر
harm	Noun	Injure , damage	آزار ، ضرر
luxury	noun	Very great comfort and pleasure	خوش گذرانی ، عیش
Safety	Noun	Security , protection	ایمنی
Homesick	Adj	Feeling unhappy because you are a long way from your home	دلتنگ وطن
Insecure	Adj	Unsafe , defenceless	ناامن
Miserable	Adj	Unhappy , depressed	بدبخت
valuable	Adj	Costly , expensive	گرانبها

Lesson 2 : Experiencing nature

word	Part of speech	synonym	Meaning
Asthma	n		Asthma is a lung disorder. It causes breathing problems
atmosphere	n		The air around the earth
biometeorologists	n		These scientists study weather
diseases	n	Illnesses-sickness	A disorder of structure or function in a human, animal, or plant
Effects	n	Influence- consequence	A change that is a result or consequence of an action or other cause
Flu	n	influenza	The flu, or influenza, is a viral diseases
headaches	n		A continuous pain in the head
Heart attacks	n		Sudden stopping of the heart
humidity	n	Damp-wet-moisture	The amount of moisture in the air
Moods	n	Temper-feelings-humor	Emotional conditions and feelings
pneumonia	n		Another lung diseases
Strokes	n		Blood vessel attacks in the brain
weather	n		The condition of atmosphere
Affect	v	Act on-impact	Have an effect on; make a difference to

Cause	v	Lead to- create-produce	Make(something, typically something bad) happen
increase	v	Growth-rise-addition	Become or make greater in size, amount, intensity, or degree
influence	v	affect-impact	Have an influence on
depressed	adj	Sad-un happy	Low in mood
depressing	adj	Painful-upsetting	Causing or resulting in a feeling of miserable dejection
forceful	adj	Energetic-powerful-strong	Strong and assertive; vigorous and powerful
irritable	adj	Touchy-moody	Having or showing a tendency to be easily annoyed or made angry
Moody	adj	Emotional-sullen	Given to unpredictable changes of mood, especially sudden bouts of gloominess or sullenness
nervous	adj	Anxious-neurotic	Easily agitated or alarmed; tending to be anxious;highly strung
powerful	adj	Strong-muscly-well built	Having great power or strength
Sudden	adj	Immediate- unanticipated –rapid	Occurring or done quickly and unexpectedly or without warning
Warm	adj	Hot-sunny	Of or at fairly or comfortably high temperature
blizzards	n	Ice storm	Heavy snow storms
Climate	n	Continent-atmospheric condition	The weather condition prevailing in an area in general or over a long period

damage	n	Harm-detriment-injury	Physical harm caused to something in such a way as to impair its value, usefulness, or normal function
Desert	n	Wastes-wasteland	an area, often covered with sand or rocks, where there is very little rain and not many plants
droughts	n	Dry ness-aridity	Times without enough rain
Floods	n	torrent	Large amounts of water on dry land
Global warming	n		a gradual increase in the overall temperature of the earth's atmosphere generally attributed to the greenhouse effect caused by increased levels of carbon dioxide, CFCs, and other pollutants
The globe	n	World- earth-planet	A globe is a spherical model of Earth, of some other celestial body, or of the celestial sphere. ... Typically it will also divide the celestial sphere up into constellations
hurricanes	n	Storm-deluge	A storm with a violent wind, in particular a tropical cyclone in the Caribbean
meteorologists	n	Aerologist, weatherman	Weather researcher
storms	n	Tempest-squall	a violent disturbance of the atmosphere with strong winds and usually rain,

			thunder, lightning, or snow
tornadoes	n	Whir wind- cyclone- typhoon	Storms with strong, fast winds
Cut down	v	Smash-chop	A decrease or reduction
follow	v	Track-trace-chase	Go or come after
vary	v	Modify-alter-mutate-differ	Differ in size, amount degree, or nature from something else of the some general class
average	adj	Mean, medial, median, middle	constituting the result obtained by adding together several amounts and then dividing this total by the number of amounts
common	adj	Usual, familiar, regular	Occurring, found, or done often; preralent
extreme	adj	A lot	Reaching a high or the highest degree
global	adj	World wide, international, world	Of or relating to the whole world
major	adj	Utmost-crucial-big- important	Important, serious, or significant
natural	adj	Normal-innate-inherent	Existing in or caused by nature; not made or caused by humankind
typical	adj	Classic-model-normal- common	having the distinctive qualities of a particular type of person or thing
worse	adj	deteriorate	of poorer quality or lower standard; less good or desirable
yearly	adj	Annual	
generally	adv	holistically	In most cases; usually
At least	phrase	Minimum	حداقل

From season to season	phrase		از فصل به فصل
In contrast	phrase		در تضاد
narrower	adj	Small-tapered-slim	(Especially of something that is considerably longer or higher than it is wide)of small width
Rainbows	n	Iris-sunbow	رنگین کمان
southern	adj		Living in or originating from the south
thunderstorms	n	Firelight	a storm with thunder and lightning and typically also heavy rain or hail.
troublesome	adj	Annoying-vexing-worrying-difficult	causing difficulty or annoyance
phenomenon	n	Event- happening- case-incident	a fact or situation that is observed to exist or happen, especially one whose cause or explanation is in question
moderate	adj	Average – modest – medium – middling, ordinary	average in amount, intensity, quality, or degree
threat	n	Warning-ultimatum	a person or thing likely to cause damage or danger.
property	n	Feature- Quality- attribute	an attribute, quality, or characteristic of something
dumped	v	Discard-scrap-bin- jettison	deposit or dispose of (rubbish, waste, or unwanted material), typically in a careless or hurried way.
successive	adj	Straight- solid-sequential-succeeding	following one another or following others

pouring	v	stream, flow, run, gush, cascade, course	flow rapidly in a steady stream
thoroughly	adv	Minutely- closely	in a thorough manner
soaked	v		Make or allow(something)to become thoroughly wet by immersing it in liquid
ranches	n	Farm	a large farm, especially in North America or Australia, where cattle or other animals are bred
isolated	v	Border – frontier – borderline - partition	Cause(a person or place)to br remain alone or a part from others
boundary	n	Border – frontier – borderline - partition	a line which marks the limits of an area; a dividing line
barely	adv	Hardly- scarcely	only just; almost not
altitude	n	Height- elevation	the height of an object or point in relation to sea level or ground level
hurricanes	n	Cyclone-typhoon- tornado- storm	a storm with a violent wind, in particular a tropical cyclone in the Caribbean
circulate	v	Flow - cours	move continuously or freely through a closed system or area
swelled	v	Expand- bulge- distend	(especially of a part of the body) become larger or rounder in size, typically as a result of an accumulation of fluid.
moisture	n	Steam-dampness-damp- humidity	water or other liquid diffused in a small quantity

			as vapour, within a solid, or condensed on a surface
ashore	adv	on to (the) land	to or on the shore or land from the direction of the sea
mudslides	n		a mass of mud and other earthy material that is falling or has fallen down a hillside or other slope.
training	n	Teaching	The action of teaching of teaching a person or animal a particular skill or type of behavior

Lesson 3 : Living to eat, or Eating to live?

word	Part of speech	Definition	meaning
additives	noun	characterized or produced by addition	افزودنی
atmosphere	noun	the mass of air surrounding the Earth	اتمسفر
complex	noun	a conceptual whole made up of complicated and related parts	مجتمع-پیچیده
convenience	noun	the quality of being useful and convenient	راحتی-آسودگی
customs	noun	accepted or habitual practice	رسم-سنت
dairy	noun	a farm where dairy products are produced	لبنیات
diet	noun	a prescribed selection of foods	رژیم غذایی
discussion	noun	an exchange of views on some topic	مباحثه
elements	noun	an abstract part of something	اصل-عنصر
habits	noun	an established custom	عادت
mineral	noun	relating to minerals	مواد معدنی
preferences	noun	a strong liking	ترجیح
Soy products	noun	thin sauce made of fermented soy beans	
prefer	verb	like better	ترجیح دادن
prohibit	verb	command against	منع کردن
fried	adjective	cooked by frying in fat	سرخ کرده
frozen	adjective	turned into ice	یخ زده
natural	adjective	relating to or concerning nature	طبیعی
nutritious	adjective	of or providing nourishment	مواد مغذی
permitted	adjective	a legal document giving official permission to do something	ترخیص شده
religious	adjective	concerned with sacred matters or religion or the church	مذهبی
slim	adjective	being of delicate or slender build	لاغر

universal	adjective	of worldwide scope or applicability	جهانی
worse	adjective	comparative of 'bad'	بدتر
bugs	noun	a fault or defect in a system or machine	اشکال-حشره
cancer	noun	type genus of the family Cancridae	سرطان
desserts	noun	a dish served as the last course of a meal	دسر
effect	noun	influence	تاثیر
grain	noun	a small hard particle	حبوبات
Heart disease	noun	a disease of the heart	بیماری قلبی
ingredients	noun	a component of a mixture or compound	جز-ترکیبات
medicine	noun	punishment for one's actions	دارو
nutrients	noun	any substance that can be metabolized by an organism to give energy and build tissue	مواد مغذی
Required	adjective	necessary for relief or supply	ضروری
Spicy	adjective	having an agreeably pungent taste	تند
Brain power	phrase		قدرت مغز
In contrast	phrase		در مقابل
nutritionists	noun	a specialist in the study of nutrition	متخصص تغذیه
opinion	noun	idea	نظر
specialists	noun	practices one branch of medicine	متخصص
strokes	noun	a light touch	ضربه
Substances	noun	that which has mass and occupies space	ماده
affect	verb	have an effect upon	تاثیر گذاشتن
Support	verb	give moral or psychological support	حمایت کردن
Available	adjective	not busy	دردسترس
Industrialized	adjective	made industrial	صنعتی شده
Opposite	adjective	being directly across from each other	مخالف
related	adjective	connected by kinship	مرتبط

Lesson 4 : In the community

word	Part of speech	Definition	meaning
application	noun	Practical use	برنامه کاربردی
comment	noun	observation	نظر, عقیده
content	noun	The thing that are inside a box, bag, room etc	محتوا
harassment	noun	harm, annoyance, fret	آزار و اذیت
level	noun	Degree, ranking	سطح, درجه
location	noun	Place, position, where	موقعیت
motivation	noun	Encouragement, boost	انگیزه
network	noun	A system of lines, tubes, wires that connected to each other	شبکه
reality	noun	Actuality, fact	واقعیت
resource	noun		منشا, منبع
responsibility	Noun	Liability	مسئولیت
retirement	Noun	Retreat, withdrawal	بازنشستگی
risk	Noun	Danger, peril	خطر
site	Noun	Locale, place, where	جا, مکان
step	Noun	Move, walk	گام, قدم
connect	Verb	Join, link	پیوستن, متصل کردن
contribute	Verb	Kick in	شرکت کردن
exist	Verb	survive	وجود داشتن
interact	Verb		متقابلا اثر کردن

Keep going	Verb	Go on	ادامه دادن
observe	Verb	Confirm,obey	مشاهده کردن,پیروی کردن
participate	verb	partake	شرکت کردن
recognize	verb	To know who someone is or what something is	تشخیص دادن
tend	verb		پرورش دادن,پرستاری کردن
committed	Adjective	dedicate	متعهد
Delayed	Adjective		به تاخیر افتاده
geographical	Adjective		جغرافیایی
Huge	Adjective	Giant,jumbo	بسیار بزرگ,عظیم
Involved	Adjective	Complicate,complex	پیچیده,درگیر
Physical	Adjective	Bodily	جسمانی
real-life	Adjective		زندگی واقعی
Spiritual	Adjective	bodiless	روحی,روانی
Virtual	Adjective	Very nearly a particular thing	روحی,روانی
Wireless	Adjective	A system of sending messages by radio	بی سیم
Forever	Adverb	Always,forevermore	برای همیشه
However	Adverb	Even so,howbeit	به هر نحو,هرطور
nowadays	Adverb	Right now,today	اکنون,امروزه
Occasionally	Adverb	sometimes	گاهگاه,هرچندوقت
Relatively	Adverb	More or less,somewhat	تأحدودی
Therefore	Adverb	As result of something that has been mentioned	برای این,برای آن

Lesson 5 : Home

Word	Part of speech	Synonym	Meaning
architects	nouns		معمار
Branches	nouns		شاخه ها
Camp/camper	nouns	campground, camping site	اردوگاه
Centuries	nouns		قرن
Civilizations	nouns	Culture	تمدن
Clay	nouns		خاک رس
frame	nouns	case, plate, pan, patinarhf	
generations	nouns	race, descendant, descendent, filiation, slip	نسل
invention	nouns	contraption, device, fiction, artifice, contrivance	اختراع
mansions	nouns		املاک
manufacturing	nouns	construction, making,	
neccessity	nouns	urgency, exigency.need	
pipe	nouns	tube, roll	لوله
plaster	nouns	chalk, stucco	گچ
property	nouns	wealth ,land ,buildingh	اموال ، دارایی
protection	nouns	suport	
shelter	nouns	refuge	پناهگاه
tools	nouns	instrument, device	ابزار
weapon	nouns	Arm.gun	اسلحه
construct	verbs	build, make, create	ساختن
develop	verbs		دادن، گسترش توسعه دادن
discover	verbs	find out, understand realize	فهمیدن، کشف کردن

Entertain	verbs	Amuse	سرگرم کردن
fill in	verbs		پر کردن
form	verbs	shape, figure, , appearance	
produce	verbs	generate	تولید کردن
Ancient	Adjectives	old	
durable	Adjectives	lasting, stable	بادوام
flat	Adjectives		تخت، هموار
fortified	Adjectives	strong, solid	مستحکم
homeless	Adjectives		بی خانمان
permanent	Adjectives	constant	دائمی
prehistoric	Adjectives		ماقبل تاریخ
temporary	Adjectives	Temporal	موقتی
castle	Nouns		قلعه ، برج
thick	Adjectives	bulky	ضخیم
descendent	Nouns	generation, race, descendant	نسل
Forefathers	Nouns		جد پدری
obligation	Nouns		تعهد، اجبار
offering	Nouns		ارائه
offspring	Nouns	child	فرزند
punishment	Nouns	penalty	جریمه مجازات
slave	Nouns		برده
society	Nouns		جامعه
trend	Nouns	Wish .would	تمایل - روند
youngsters	Nouns		جوانان
beat	verbs	Hit	
control	verbs		تحت امر داشتن
feed	verbs	meat	غذا دادن
guide	verbs		راهنمایی کردن

obey	verbs	follow , hear	اطاعت کردن
reside	verbs	inhabit	ساکن شدن
spoil	verbs		فاسد شدن - غارت کردن
sacrifice	verbs	Immolate	قربانی کردن
adequate	Adjectives	enough, sufficient	کافی
global	Adjectives	universal, worldwide	جهانی
independent	Adjectives		مستقل
wealthy	Adjectives	rich	
race	Nouns	strain	نژاد

Lesson 6 : Cultures of the world

word	Part of speech	definition	meaning
attention	noun	Look at, listen to	توجه
bite	noun	To use your teeth to chew or crush something	گاز گرفتن
customer	noun	Someone who buys goods from a shop	مشتری
guest	noun	Visitor-invitee	مهمان
host	noun	One who receives guests	میزبان
pain	noun	An unpleasant feeling in a part of body that is caused by an illness or an injury	درد
pharmacist	noun	A person who is qualified to prepare and sell medicines	داروفروش-داروساز
pharmacy	noun	A shop where medicines are sold	داروسازی
service	noun	Work-labor	خدمت-کار-نوگری
beg	verb	Request-ask for charity	خواهش کردن
Clean(his)plate	verb	Washing/removing dirt	پاک کردن بشقاب
greet	verb	welcome	احوال پرسی
hitchhike	verb	Travel by soliciting rides from passing vehicles	سر جاده ایستادن وبا دست جهت نشان دادن
ignore	verb	Reject-refuse to recognize	نادیده گرفتن
serve	verb	Work-perform a duty or task	خدمت کردن
shout	verb	Scream-yell	فریاد-جیغ زدن
Wait on(someone)	verb	Serve someone	پیشخدمتی کردن
whisper	verb	Soft speaking	پچ پچ کردن-نجوا کردن
afraid	adjective	Fearful-frihtened	ترسیده

annoyed	adjective	Irritated-bothered	رنجش آور
insulted	adjective	Offended-hurt by rude behavior	توهین شده
mean	adjective	Wicked-maleficent	بدجنس
rude	adjective	impolite	بی ادب
successful	adjective	Having achieved success	موفق
terrible	adjective	Awful-horrible	وحشتناک
Tourist(places)	adjective	Places that attract tourists	مکان های توریستی
unwelome	adjective	unwanted	ناخوش آیند
backwards	adverb	To the back-in reverse	به عقب
loudly	adverb	With a grate noise	با صدای بلند
patiently	adverb	tolerantly	صبورانه
rudely	adverb	impolitely	گستاخانه-وحشیانه
architecture	noun	A person who designs buildings	معمار
cathedrals	noun	Main church of a particular area	کلیسای جامع
civilization	noun	Society or culture of a group of people or a particular place	تمدن-انسانیت
contradiction	noun	opposition	تمایز-مغایرت
discoveries	noun	Finding-revelation	اکتشافات
legacy	noun	Money or property which someone leaves to you when they die	ارث
literature	noun	Writings having lasting artistic value	ادبیات
media	noun	Channels of mass communication	رسانه
societies	noun	People in general	جوامع
weapons	noun	Any means used to fight with	سلاح-اسلحه
agree	verb	Concur-suit-fit	موافق بودن
contradict	verb	Deny-refuse	تکذیب کردن
contribute	verb	Donate-give	اهدا کردن-همکاری کردن
describe	verb	Give an account of	توصیف کردن

develop	verb	Improve-grow	رشد کردن
experience	verb	Knowledge obtained by doing	تجربه کردن
grin	verb	Broad smile-grimace	پوزخند زدن
interrupt	verb	Disturb-interfere	قط کرن
invent	verb	Originate-create	اختراع کردن
amazing	adjective	Huge-surprising	متحیر کننده-شگفت انگیز
ancient	adjective	Very old-antique	باستانی
clear	adjective	Purify-clarify	واضح
cultural	adjective	Relating to a particular society and way of life	فرهنگی
enthusiastic	adjective	Exited-interested	علاقه مند-مشتاق
excellent	adjective	Very good	عالی-ممتاز
knowing	adjective	Sharp-clever	باهوش-فهمیده
opposing	adjective	Totally different	متضاد
pleasant	adjective	Nice- good-agreeable	خوش آیند-دلپذیر
proud	adjective	Feeling satisfaction	مفتخر-مغرور
scientific	adjective	Of or pertaining to science	علمی
social	adjective	Friendly-of or pertaining to society	اجتماعی
soft	adjective	Not firm	نرم-لطیف
convincingly	adverb	In a convincing manner- persuasively	به طور متقاعد کننده
politely	adverb	With good manners	مودبانه

Lesson 7 : Health

Word	part of speech	Definition	Meaning
Altitude	Noun	The height of an object or place above the sea	فراز ، بلندی ، مقام رفیع
Average	Noun	The amount of calculated by adding together several quantities , and then dividing this amount by the total number of quantities , medium	متوسط و معدل ، میانہ، حد وسط
Benefits	Noun	An advantage, improvement, or help that you get from something	سود، صرفہ ، منفعت
Claims	Noun	A statement that something is true , even though it has not been proved	دعوی ، مطالبہ
Disease	Noun	An illness which affects a person, animal, or plant	بیماری ، ناخوشی
environment	Noun	The air, water, and land on earth, which is affected by man's activities	اطراف ، فضا ، محیط ، پیرامون
Inhabitants	Noun	One of the people who live in a particular place	ساکن ، اہل و مقیم
Length	Noun	The measurement of how long something is from one end to the other	درازا ، طول
Longevity	Noun	The amount of time that someone or something lives	طول عمر
Moderate	Adjective	Average	معتدل ، ملایم ، میانہ رو
Population	Noun	The number of people living in a particular area, country	جمعیت ، مردم
Preservatives	Noun	When something is kept in its original state or in good condition	مراقبت ، نگہداری ، حفظ

Streams	Noun	A natural flow of water that moves across the land and is narrower than a river	رود، جوی
Stress	Noun	Continuous feeling of worry about your work or personal life, that prevents you from relaxing	استرس، پریشانی
Theories	Noun	An idea or set of ideas that is intended to explain something about life or the world, especially an idea that has not yet been proved to be true	فرضیه ها، نظریه ها
Consume	Verb	To use time, energy, goods	مصرف کردن
Cure	Verb	To make an illness or medical condition go away	درمان کردن
Prevent	Verb	To stop something from happening Or stop someone from doing something	جلوگیری کردن ، مانع شدن
Solve	Verb	To find or provide a way of dealing with a problem	حل کردن، رفع کردن
Theorize	Verb	To think of a possible explanation for an event or fact, hypothesize	استدلال نظری کردن
Active	Adjective	Always busy doing things, especially physical or mental	کاری و فعال
Available	Adjective	Able to be used or can easily be bought or found	در دسترس، موجود
Different	Adjective	Not like something or someone else, or not like before	متمایز، متفاوت
Famous	Adjective	Known about by many people in many places	مشهور، معروف
Long-lived	Adjective	Living or existing for a long time	پیر عمر، معمر
Moderate	Adjective	Average	میان رو
Unpolluted	Adjective	Not dangerously dirty and suitable for people to use	آلوده نشده
Valid	Adjective	Be legally or officially acceptable	درست و قانونی ، معتبر

Furthermore	Connector	In addition to what has already been said, moreover	بعلاوه
However	Connector	In whatever way	هرچند، اگرچه، به هر حال
Moreover	Connector	In addition- used to introduce information that adds to or supports what has previously been said	علاوه بر این
Nevertheless	Connector	In spite of a fact that you have just mentioned , nonetheless	با وجود این
Therefore	Connector	As a result of something that has just been mentioned	بنابراین
Thus	Connector	As a result of something that you have just mentioned	بدین گونه، از این قرار
Advice	Noun	An opinion you give someone about what they should do	نظر، اندرز
Bacteria	Noun	Very small living things, some of which cause illness or disease	باکتری
Characteristic	Noun	A quality or feature of something or someone that is typical of them and easy to recognize	نشان، مشخصه
Combination	Noun	Two or more different things that exist together	ترکیب
Cure	Noun	Solution	دارو، شفا
Damage	Noun	Physical harm that is done to something or to a part of someone's body, so that it is broken or injured	زیان، خسارت
Decision	Noun	A choice or judgment that you make after a period of discussion or thought	تصمیم و عزم
Engineering	Noun	The work involved in designing and building roads, bridges, machines	مهندسی
Gene	Noun	A part of a cell in a living thing that controls what it looks like, and how it develops	ژن

Geneticists	Noun	Someone who study of how the qualities of living things are passed on in their gene	نسل شناس
Joints	Noun	A part of your body that can bend because two bones meet there	مفصل
Length	Noun	The measurement of how long something is from one end to the other	طول ، درازا
Parasites	Noun	A plant or animal that lives on or in another plant or animal and gets food from it	انگل
Patient	Noun	Someone who is receiving medical treatment from a doctor or in a hospital	بیمار
Physiology	Noun	The science that studies the way in which the bodies of living things work	فیزیولوژی ، علم طبیعی
Senior citizen	Noun	Someone who is over 60 years old or who is retired	بازنشسته
Specialist	Noun	Someone who knows a lot about a particular subject , or is very skilled at it, expert	متخصص
Virus	Noun	A very small living thing that causes infectious illness	ویروس
Color	Verb	Used to say that you are very surprised, confused etc by something	رنگ کردن ، تغییر رنگ کردن
Correct	Verb	To make something right or to make it work the way it should	اصلاح کردن ، تصحیح کردن
Determine	Verb	To find out the facts about something , establish	حکم دادن ، تصمیم گرفتن
Oppose	Verb	To disagree with something such as a plan or idea and try to prevent it from happening or succeeding	مخالفت کردن
Recommend	Verb	To advise someone to do something, especially because you have special knowledge of a situation or subject	توصیه رکردن ، سفارش کردن

Accurate	Adjective	Correct and true in every detail	دقیق، درست
Dishonest	Adjective	Not honest, and so deceiving or cheating people	نادرست، دغل
Elderly	Adjective	Someone is old or becoming old	مسن، سالخورده
Fraudulent	Adjective	Intended to device people in an illegal way, in order to gain money, power	کلاه بردار، حيله گر
Genetic	Adjective	Relating to gene	پیدایشی، مربوط به ژن
Proven	Adjective	Tested and shown to be true or good, or shown to exist	ثابت
Sour	Adjective	Having a sharp acid taste, like the taste of lemon or a fruit that is not ready to be eaten	ترش، مزه اسید داشتن
Structure	Noun	The way in which the part of something are connected with each other and form a whole	ساخت
Widow	Noun	A woman whose husband has died and who has not married again	بیوه
Apricot	Noun	A small round fruit that is orange or yellow and has a single large seed	زرد آلو
Herb	Noun	A small plant that is used to improve the taste of food, or to make medicine	علف، بوته
Concept	Noun	An idea of how something is, or how something should be done	تصور
Contradiction	Noun	A difference between two statement, beliefs, or ideas about something that means they cannot both true	تناقض، ضد گویی
Trend	Noun	A general tendency in the way a situation is changing or developing	گرایش، تمایل
Remedy	Noun	Solution	چاره، درمان
Deceptive	Adjective	Something that is deceptive seems to be one thing but is in fact very different	فریبنده، گول زننده
Verify	Verb	To discover whether something is correct	بازبینی کردن،

		or true	تحقیق کردن
Deforestation	Noun	The cutting or burning down of all the trees in an area	قطع درختان جنگلی
Suspect	Noun	Someone who is thought to be guilty of a crime	بد گمان
Deer	Noun	A large wild animal that can run very fast, eats grass, and has horns	آهوی کوهی
Pine nut	Noun	A small seed that grows on some pine trees and is eaten as food	هسته ی کاج
Appetite	Noun	A desire for food	اشتها
Irresistible	Adjective	So attractive, desire etc that you cannot prevent yourself from wanting it	غیر قابل مقاومت
Evolution	Noun	The scientific idea that plants and animals develop and change gradually over a long period of time	سیر تکاملی ، تکامل جانداران [داروین]
Prosperous	Adjective	Rich and successful	کامیاب ، موفق
Urge	Noun	A strong wish or need	انگیزش
Ancestor	Noun	A member of your family who lived a long time ago	جد ، نیا

Lesson 9 : Social life

Word	Part of speech	Definition	Meaning
atmosphere	noun	layer of gases surrounding the earth	جو، واحد فشار هوا
cyberspace	noun	virtual space	فضای مجازی
dormitory	noun	living quarters for residents of an institution (i.e. university, etc.)	خوابگاه، شبانه روزی
guy	noun	male first name • fellow, chap (slang); • make fun of;	یارو، فرار، استهزاء کردن، جیم شدن
match	noun	competition, equal opponent; partner; something similar;	حریف نظیر، همسر، مسابقه، ازدواج، کبریت
mates	noun		همسران
speed dating	noun		دوستیابی سریع
arrange	verb	organize; settle	مرتب کردن، قرار گذاشتن، طبقه بندی کردن

examine	verb	look at carefully, inspect, check, interrogate	بازجویی کردن، معاینه کردن، امتحان کردن
hang out	verb	dwelling place, "pad" (slang); place one frequently visits	اویختن، سماجت ورزیدن
interview	verb	question formally, evaluate through questioning; meet with in order to question; be interviewed	مذاکره، مصاحبه کردن، دیدار مصاحبه
aggressive	adj	hostile; bold, assertive; forceful	پرخاشگر، مهاجم، متجاوز، پرتکاپو،
discouraged	adj	dispirited; deprived of hope or confidence; dissuaded from	دلسرد، چشم ترسیده
speedy	adj	quick, fast	چابک، سریع، سریع السیر، عجل
potential	noun	possibility; ability; capability of being; possible energy (electricity)	پتانسیل، عامل بالقوه، پنهانی، توانش
enthusiastically	adv	in an enthusiastic manner, excitedly, zealously	با شور و شوق
fortunately	adv	luckily; in a successful manner	خوشبختانه، از حسن اتفاق
beach	noun	shore, seaside	ساحل، کنار دریا، شن زار

characteries	noun		شخصیت ها
statistics	noun	branch of mathematics that deals with the collection and interpretation of numerical information	امار، ارقام، فن امارگری
optimistic	adj	seeing the good, hoping for good	خوش بینانه، خوش بین
pessimistic	adj	seeing only the bad side, tending to expect the worst	بدبین، بدبینانه
figure out	verb	calculate, work out, solve; understand, grasp, comprehend	فهمیدن، کشف کردن محاسبه کردن

Lesson 10 : Sports

word	Part of speech	Definition	meaning
achievement	n	A thing done successfully with effort, skill, or courage.	دست یابی، کار بزرگ، موفقیت
altar	n	a holy table or surface used in religious ceremonies	قربانگاه
ceremony	n	A formal religious or public occasion, especially one celebrating a particular event, achievement, or anniversary.	جشن، مراسم
chariot	n	A two-wheeled vehicle drawn by horses, used in ancient racing and warfare.	ارابه
competition	n	The activity or condition of striving to gain or win something by defeating or establishing superiority over others.	مسابقه
conflict	n	A serious disagreement or argument, typically a protracted one.	ستیزه، نبرد
coordination	n	The organization of the different elements of a complex body or activity so as to enable them to work together effectively.	هماهنگی
demonstration	n	An act of showing that something exists or is true by giving proof or evidence.	نمایش
organization	n	An organized group of people with a particular purpose, such as a business or government department.	سازمان
participant	n	A person who takes part in something.	شرکت کننده
peacefulness	n		صلح آمیز
promise	n	A declaration or assurance that one will do something or that a particular thing will happen.	وعده، قول
representative	n	A person chosen or appointed to act or speak for another or others	نماینده، نمایشگر،

			حاکمی از
sacrifice	n	An act of slaughtering an animal or person or surrendering a possession as an offering to a deity.	قربانی
sanctuary	n	Refuge or safety from pursuit, persecution, or other danger.	جایگاه مقدس
spectator	n	A person who watches at a show, game, or other event.	تماشاگر
statue	n	A carved or cast figure of a person or animal, especially one that is life-size or larger.	مجسمه
trainer	n	A person who trains people or animals.	مربی
award	v	Give or order the giving of (something) as an official payment, compensation, or prize to (someone)	اعطا کردن
boycott	v	Withdraw from commercial or social relations with (a country, organization, or person) as a punishment or protest.	تحریم کردن
compete	v	Strive to gain or win something by defeating or establishing superiority over others.	مسابقه دادن، رقابت کردن
contribute	v	Give (something, especially money) in order to help achieve or provide something.	شرکت کردن در
participate	v	Be involved; take part.	شرکت کردن
re-create	v	Create again.	بازآفرینی کردن
cancel	v	Decide or announce that (a planned event) will not take place.	لغو کردن
celebrated	adj	Greatly admired; renowned.	نامی، مشهور
competitive	adj	Relating to or characterized by competition.	سبقت جو، قابل رقابت، رقابتی
extreme	adj	Reaching a high or the highest degree; very great.	خیلی زیاد
international	adj	Existing, occurring, or carried on between nations.	بین المللی

original	adj	Present or existing from the beginning; first or earliest.	اصلی
troubled	adj	Beset by problems or difficulties.	مشکل دار
ruler	n	A person exercising government or dominion.	فرمانروا
contest	n	An event in which people compete for supremacy in a sport or other activity, or in a quality.	مسابقه
tour	n	A journey for pleasure in which several different places are visited.	گشت، سفر
feast	n	A large meal, typically a celebratory one.	مهمانی
parade	n	A public procession, especially one celebrating a special day or event.	رژه
unity	n	The state of being united or joined as a whole.	وحدت
honor	v	Regard with great respect.	احترام گذاشتن
spirit	n	The non-physical part of a person which is the seat of emotions and character; the soul.	روح
fair	adj	Treating people equally without favouritism or discrimination.	بی طرفانه
combination	n	A joining or merging of different parts or qualities in which the component elements are individually distinct.	ترکیب
wreath	n	An arrangement of flowers, leaves, or stems fastened in a ring and used for decoration or for laying on a grave.	تاج گل، حلقه گل
cliff	n	A steep rock face, especially at the edge of the sea.	صخره

exception	n	A person or thing that is excluded from a general statement or does not follow a rule.	استثنا
flame	n	flare, ingle	شعله
Shot put	n	An athletic contest in which a very heavy round ball is thrown as far as possible.	پرتاب وزنه
fencing	n	The sport of fighting with swords, especially foils, épées, or sabres, according to a set of rules, in order to score points against an opponent.	شمشیربازی
pentathlon	n	An athletic event comprising five different events for each competitor, in particular (also modern pentathlon) an event involving fencing, shooting, swimming, riding, and cross-country running.	ورزشهای پنجگانه
weightlifting	n	The sport or activity of lifting barbells or other heavy weights. There are two standard lifts in modern weightlifting: the single-movement lift from floor to extended position (the snatch), and the two-movement lift from floor to shoulder position, and from shoulders to extended position (the clean and jerk).	وزنه برداری
wrestling	n	The sport or activity of grappling with an opponent and trying to throw or hold them down on the ground, typically according to a code of rules.	کشتی گیری

equestrian	adj	Equestrian Riding	مربوط به اسب سواری
despite	prepos ition	notwithstanding	با وجود
bribery	n	the act of giving bribes	رشوه خواری
commercialis m	n	the principle or practice of being more concerned with making money from buying and selling goods than you are about their quality	تجارتی
doping	n	the practice of using drugs to improve performance in a sport	دوپینگ
fans	n	someone who likes a particular sport or performing art very much, or who admires a famous person	طرفداران
influence	n	the power to affect the way someone or something develops, behaves, or thinks, without using direct force or orders	نفوذ
nationalism	n	the desire by a group of people of the same race, origin, language etc to form an independent country	ناسیونالیسم
opposition	n	strong disagreement with, or protest against, something such as a plan, law, or system	اپوزیسیون
patriotism	n	having or expressing a great love of your country	میهن پرستی

pride	n	proud	غرور
purpose	n	the purpose of something is what it is intended to achieve	هدف
scandal	n	an event in which someone, especially someone important, behaves in a bad way that shocks people	رسوایی
sponsor	n	a person or company that pays for a show, broadcast, sports event etc, especially in exchange for the right to advertise at that event	حامی مالی
sponsorship	n	financial support for an activity or event	حمایت
sport	n	a physical activity in which people compete against each other	ورزش
sportsmanship	n	behaviour that is fair, honest, and polite in a game or sports competition	ورزشکاری
Clean up (their) act	v	to start behaving sensibly and responsibly	
corrupt	v	to encourage someone to start behaving in an immoral or dishonest way	خراب کردن، تباه کردن، فاسد کردن
decrease	v	to become less or go down to a lower level, or to make something do this	نزول کردن، کاستن
disqualify	v	to stop someone from taking part in an activity because they have broken a rule	سلب صلاحیت کردن از

expand	v	to become larger in size, number, or amount, or to make something become larger	توسعه دادن
influence	v	to affect the way someone or something develops, behaves, thinks etc without directly forcing or ordering them	نفوذ کردن بر، تاثیر کردن بر
preserve	v	to save something or someone from being harmed or destroyed	حفظ کردن
promote	v	to help something develop, grow, become more successful etc, or encourage something to happen	ترقی دادن، ترویج دادن
Set (new) records	v	to achieve the best result in a sport, competition etc that has ever been achieved, by running fastest, jumping highest etc	
solve	v	to find or provide a way of dealing with a problem	حل کردن
televisе	v	to broadcast something on television	در تلویزیون نشان دادن
banned	adj	not officially allowed to meet, exist, or be used	ممنوع
dedicated	adj	someone who is dedicated works very hard at what they do because they care a lot about it	اختصاصی، وقف شده
dishonest	adj	not honest, and so deceiving or cheating people	متقلب، دغل
intolerable	adj	too difficult, bad, annoying etc for you to accept or deal with	غیر قابل تحمل

nondiscrimina tory	adj		بدون تردید
Performance- enhancing	adj	performance-enhancing drug/product/supplement etc	افزایش عملکرد